



• Field Obesity, Clinical Medical Informatics
Health Promotion and Disease
Prevention Adipomyokines

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I Educational background

2008 Ph.D., Seoul National University
2002 M.P.H., Seoul National University
1996 M.D., Seoul National University

I Major careers

Residency, Dept. of Family Medicine, Seoul National University Hospital

Clinical Fellowship, Dept of Family Medicine, Seoul National University Hospital & Hallym University Sacred Heart Hospital

Assistant Professor, Dept of Family Medicine, Hallym University Sacred Heart Hospital

Visiting Researcher, Beth Israel Deaconess Medical Center, Harvard Medical School, Boston, USA

■ Current position

Associate Professor, Dept of Family Medicine, College of Medicine, Hallym University

Editorial Review Board Member, Metabolism

Associate Editor, Editorial Committee, Korean Journal of Family Medicine

Secretary, Committee of Public Relation, Korean Society for the Study of Obesity

| Studies & Books

[Research Paper]

1. Cardiovascular disease risk factor clustering in children and adolescents: a prospective cohort study. (Arch Dis Child (ePub) . 2018)
2. Validation of body composition using bioelectrical impedance analysis in children according to the degree of obesity. (Scand J Med Sci Sports (ePub), 2018)
3. Irisin and leptin concentrations in relation to obesity, and developing type 2 diabetes: A cross sectional and a prospective case-control study nested in the Normative Aging Study (Metabolism: Clinical and Experimental, 2018)
4. Pharmacotherapy of type 2 diabetes: An update (METABOLISM-CLINICAL AND EXPERIMENTAL, 2018)
5. Physiology and role of irisin in glucose homeostasis (NATURE REVIEWS ENDOCRINOLOGY, 2017)
6. Delphi survey for designing a intervention research study on childhood obesity prevention (Korean Journal of Family Medicine, 2017)
7. Association of circulating irisin levels with metabolic and metabolite profiles of Korean adolescents Metabolism Clinical and Experimental (METABOLISM-CLINICAL AND EXPERIMENTAL, 2017)
8. 소아청소년 체중상태에 따른 식사의 질 평가 및 비만과의 연관성 분석 / Assessment of Diet Quality by Weight Status and Its Association with Obesity in Children and Adolescents (대한영양사협회 학술지, 2017)
9. Sex differences in the association between obesity and albuminuria among Korean adults: a cross-sectional study using the Korea National Health and Nutrition Examination Survey data (CLINICAL AND EXPERIMENTAL NEPHROLOGY, 2017)
10. Diet quality and diet patterns in relation to circulating cardiometabolic biomarkers (CLINICAL NUTRITION, 2016)
11. Association between High Blood Pressure and Intakes of Sodium and Potassium among Korean Adults: Korean National Health and Nutrition Examination Survey, 2007-2012 (JOURNAL OF THE ACADEMY OF NUTRITION AND DIETETICS, 2015)
12. Cord blood irisin levels are positively correlated with birth weight in newborn infants (METABOLISM-CLINICAL AND EXPERIMENTAL, 2015)
13. Irisin in response to exercise in humans with and without metabolic syndrome. (J Clin Endocrinol Metab, 2015)
13. Irisin in response to exercise in humans with and without metabolic syndrome. (J Clin Endocrinol Metab, 2015)
14. Prediction of future risk of insulin resistance and metabolic syndrome based on Korean boy's metabolite profiling. (Obes Res Clin Pract, 2015)
Prediction of future risk of insulin resistance and metabolic syndrome based on Korean boy's metabolite profiling. (Obes Res Clin Pract, 2015)

| Others

2016 보건복지부 장관 표창 (비만 예방 및 관리)

2009 광명시장 표창 (지역사회 건강증진, 비만예방)